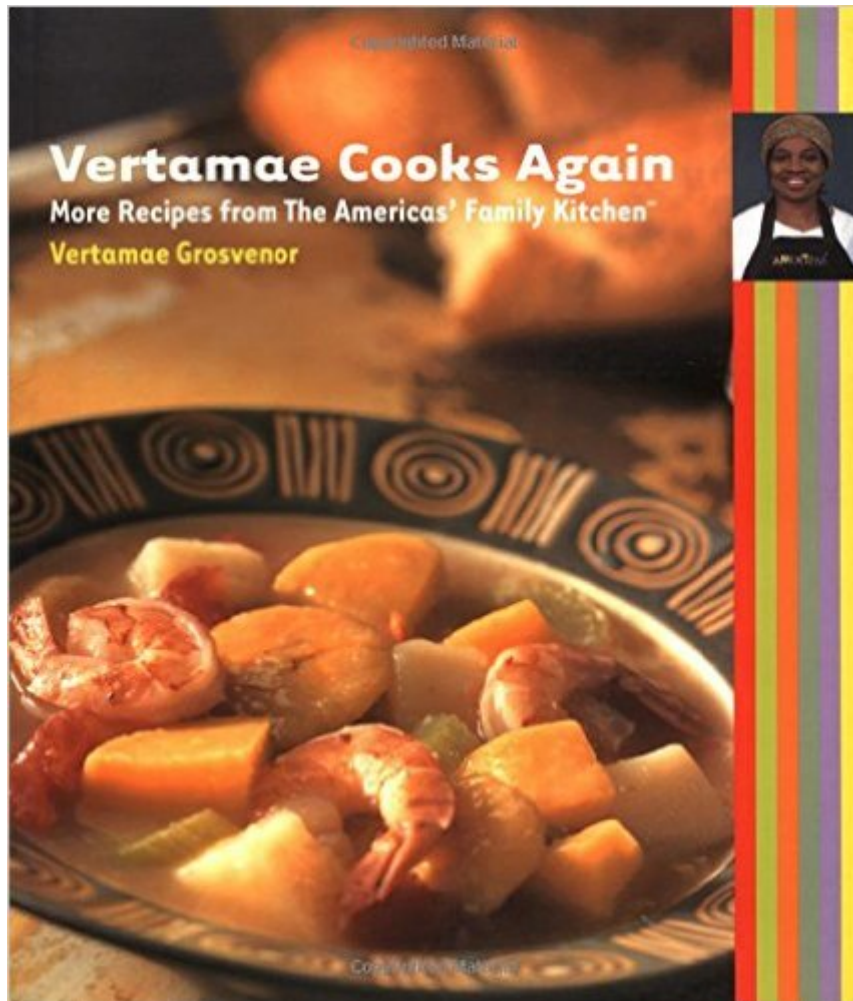


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# Vertamae Cooks Again: More Recipes From The Americas' Family Kitchen



## Synopsis

Culinary anthropologist Vertamae Grosvenor traveled to Haiti, the Bahamas, and Mexico to tape segments of her television series and to get firsthand experience with real local cooking from real family cooks. In this book she serves up a collection of recipes from all the cultures that make up the Americas, including the Gullah culture of the Sea Islands off the coast of Georgia, the Island cultures of the Caribbean, and the Creole culture of New Orleans. Organized by course -- soups, salads, side dishes, entrees, breads, and desserts -- here are traditional favorites like Red Beans and Rice as well as exotic dishes like Cuban Whole Roast Pig and African Sweet-Potato Stew.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #193,922 in Books (See Top 100 in Books) #35 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Soul Food](#)

## Customer Reviews

I love her books. I watched the PBS Series when it was on and if anyone should have a show on the food network it is Ms. Smart-Grosvenor. In the series and these books she highlights South Carolina low country cooking from her childhood and dishes she discovered on her travels. I would label it African Diaspora cooking; she has recipes from many cultural backgrounds including Caribbean, Portuguese, Spanish; all the cuisines that influenced the New World. She is a food historian and great at painting a picture of the history, culture and folklore of food. I have made several recipes from both books and never had one turn out badly; she knows how to write a recipe and give you a sense of flavor and a context for the dish you are preparing. There are several dishes in both books that my children love to eat, my mother-in-law is always impressed when I make one of her dishes. This is a great cookbook and I hope the food network calls her up now.

If you don't have a copy of Vertamae Cooks in the Americas Family Kitchen or Vertamae Cooks Again, order them now! Vertamae Cooks Again is full of recipes from all over the Americas, with an emphasis on Mexican cuisine. No tacos or enchiladas here folks -- try my favorite - tres leches cake. Or give the ribs called "table cloth stainers" a try. Besides being a great cook, Vertamae is a food anthropologist. Most of the recipes in both books are accompanied by historical information that gives you a feel for the culture. Her recipes are always clearly written and unique. And her books include listings of stores that carry some of the hard-to-find ingredients. Check out the PBS series Vertamae Cooks in the Americas Family Kitchen, then buy both books and try the recipes. You'll hope that Vertamae cooks again and again and again...

This book is a real winner like her other one. The recipes are different throughout and the little background story/history she provides are nice. Enjoy!

Okay, but I am unable to view these shows and watch her methods. Beautiful pictures.

History and recipes, nothing pretentious, comfort food at its best.

lots of good recipes. looking to trying them

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